

# *The Summer 2019 Capsule Wardrobe*



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# *The Summer 2019 Capsule Wardrobe*

Sleek, modern outfits for the stylish woman

STROLL THE STREETS STYLISHLY WITH OUR  
SUMMER CAPSULE WARDROBE ENSEMBLE

# Welcome!



Welcome to my Summer 2019 Smart Casual Capsule Wardrobe!

French fashion designer Coco Chanel once said that simplicity is the key to true elegance. Nowhere is this more evident than in a capsule wardrobe.

A **'Capsule Wardrobe'** is a collection of clothing and accessories that enables you to mix and match different items to create a varied range of stylish outfits.

As a professional Personal Stylist, I have seen first-hand how much time and effort a woman goes through in trying to create a wardrobe that works efficiently for them. My clients are not celebrities or extremely wealthy people; they are normal, real people just like you and me, with real lifestyles and real budgets! I have spent the last few years helping many clients find fun in fashion, develop their personal style and create wardrobes that are both flattering and in line with their personality and lifestyle.

I am now extending this service to you my dear friend in form of this capsule collection. My hope is that you can one day open your wardrobe and feel joyful at having countless flattering options for any occasion, feel great in what you wear and more importantly, free up some time and money to focus on the things that truly matter to you in life.

So, if you're looking to upgrade and streamline your wardrobe, my summer 2019 smart casual capsule will hopefully provide plenty of suggestions and inspiration to get you started on creating stylish, comfortable outfits for this summer.

Enjoy!

Your Personal Stylist,

Numba Pinkerton.

# Introduction



## BEING STYLISH

Have you ever seen someone who just looked brilliantly put together and seemed to command yours and everyone else's attention? I'm not talking about a beautiful looking person – someone in expensive clothes, or the latest fashion trends, but a look where the whole package, every detail just looked right. You may have found yourself taking another glance and trying to identify what it was that made them look so good. We know it when we see it, but can't necessarily pinpoint exactly what it is that makes a person look stylish.

There is a difference between the 'style of your clothing' i.e. trendy, bohemian or classic and 'being stylish', which is creating a personal image that is flattering, unique, consistent and coordinated. Personal style and looking stylish is more than just the clothes, it is an expression of your personality and a commitment to looking your best – always!

A Stylish person can take a clothing style and make it their own by adapting it to fit them. Be that person! Stay true to who you are!

## **ONE SIZE DOES NOT FIT ALL**

It is impossible to create an 'all-size-fits-all' capsule for all the different body shapes, colourings, lifestyles and possible occasions. Each of us is unique and beautiful in our own way. Regardless of your colouring, body shape, size or lifestyle; use this capsule as a guide to help you create a versatile wardrobe with only a few pieces that will go a long way. I have tried as much as possible to vary the styles and colours of the pieces in the capsule to include a diverse range of women.

## **COLOUR IS EVERYTHING**

I have based the styling in this capsule on colour (shades) rather than style. With a focus on Warm and Cool Colours, you can pick a palette you are drawn to, or use both for inspiration. My whole ethos on mixing and matching focuses on 80% colour and 20% style as you can be much more flexible with styles and cuts – Opting for styles that best flatter your body shape or styles that you generally prefer. For example, if I have included orange cropped jeans in the capsule and cropped jeans are not your thing, use any pair of orange jeans, trousers or even shorts to replace the ones in the capsule.

## **AVOIDING THE OBVIOUS**

Part of what will help you look and feel stylish is avoiding the obvious and venturing outside your comfort zone. I have intentionally avoided using black in this palette, because, believe it or not, its much more difficult to be creative and create a varied range of stylish outfits using black!

You will also notice that my capsule doesn't include obvious pieces like blue jeans and a blue and white striped top. These pieces as you know are on every style blog and website as 'essentials' and are extremely easy to style – You don't need a stylist to show you how to wear your jeans! Ofcourse you can still use my capsule for inspiration and replace any of the bottoms in my capsule with light or dark jeans to create even more stylist outfit combos.

## **PUTTING AN OUTFIT TOGETHER**

When putting an outfit together start with bottoms first (or a dress), followed by tops, then accessories last. Dressing yourself in this order will make styling yourself so much easier and leave more room for flexibility and creativity in your style.

## **ACCESSORISING**

Accessories matter just as much as clothing, providing you an entirely new opportunity to express yourself. On their own, a handbag, shoes or scarf may not make much of an impact. However, when combined with clothing, accessories help create a flowing wave of style from head to toe, elevating your outfit.

Accessories also present endless opportunities for outfits, helping you make the best of each and every item you own. I have focused on using shoes, bags and scarves in my capsule, however, scarves can be substituted with chunky, colourful necklaces and outfits that have no scarves can be worn with plain, pendant silver (cool) or gold (necklaces) to elevate each look.

## **QUALITY OVER QUANTITY**

When creating a collection, it helps to think of your wardrobe as the foundation for all your future dressing. After all, it's made up of staple garments that can be worn in a multitude of ways. You can still purchase unique items of clothing that catch your eye. It makes sense to invest in the best quality clothing possible, as the key to making these staples shine is to have them fit as well as possible. If you sit between sizes, get them tailored for a perfect fit.

Remember, good quality clothing isn't always expensive! Shopping online provides a varied range of available options, however, the downside is that it's much harder to get a feel for quality with certain pieces.

I have included pieces in my capsule from a varied price range to accommodate as many women as I can. If anything I have suggested is too expensive for you, or too cheap, replace it with the same colour item from a different shop or brand that you can afford!

# Cool Colouring



There are no set rules here about which palette you should choose. However, you will look better in cool shades if most of the statements below apply to you:

- Your skin has pink or rose undertones (ie. Your skin looks 'pinky' or 'rosy' rather than 'yellowy')
  - You tend to burn first before you tan when exposed to lots of sun.
  - Your hair has ash, blue, silver and tones to it. Your hair colour can range from dark brown/black to blond.
  - You look better in silver jewellery close to your face than you do in gold jewellery (Not which you like more, but which actually makes you look more radiant).
  - Your skin looks better in pure white rather than ivory or cream.
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# Cool Summer Capsule



## CLOTHING

5 BOTTOMS (4 TROUSERS AND 1 SKIRT)  
6 TOPS (A MIX OF PLAIN AND PATTERNED TOPS)  
4 OUTERWEAR/JACKETS  
1 DRESS  
(= 16 PIECES)

## ACCESSORIES

3 BAGS  
2 SCARVES  
4 PAIRS OF SHOES  
(= 9 ACCESSORIES)

**25 PIECES, 66 COOL OUTFITS**

# Cool



OUTFITS 1-12 (BURGUNDY JEANS)



OUTFITS 13-24 (COBALT BLUE TROUSERS)

# Cool



OUTFITS 25-36 (GREEN CROPPED JEANS)



OUTFITS 37-48 (WHITE CULOTTES)

# Cool



OUTFITS 49-60 (LEMON YELLOW SKIRT)



OUTFITS 61-66 (RED FLORAL DRESS)

# Warm Colouring



you will look better in warm shades if most of the statements below apply to you:

- Your skin has yellow undertones (i.e. Your skin looks ‘yellowy’ rather than ‘pinkly’ or ‘rosy’)
  - You tan easily when exposed to lots of sun or have lots of freckles
  - Your hair has golden, yellow, red or orange tones to it. Your hair colour could range from dark golden brown to light golden blond.
  - You look better in gold jewellery close to your face than you do in silver jewellery (Not which you like more, but which actually makes you look more radiant).
  - Your skin looks better in ivory or cream white rather than pure white.
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# Warm Summer Capsule



## CLOTHING

5 BOTTOMS (4 TROUSERS AND 1 SKIRT)  
6 TOPS (A MIX OF PLAIN AND PATTERNED TOPS)  
4 OUTERWEAR/JACKETS  
1 DRESS  
(= 16 PIECES)

## ACCESSORIES

3 BAGS  
2 SCARVES  
4 PAIRS OF SHOES  
(= 9 ACCESSORIES)

**25 PIECES, 66 WARM OUTFITS**

# Warm



OUTFITS 1-12 (KHAKI JEANS)



OUTFITS 13-24 (TAN TROUSERS)

# Warm



OUTFITS 25-36 (CREAM CULOTTES)



OUTFITS 37-48 (ORANGE CROPPED TROUSERS)

# Warm



OUTFITS 49-60 (PEACH PLEATED SKIRT)



OUTFITS 61-66 (PEACH & GREEN PATTERNED DRESS)

# Last Words



I sincerely hope you found this Summer 2019 Smart Casual Capsule Wardrobe useful. Before you head to your nearest high street to purchase more items, it always helps to 'shop' your existing wardrobe for similar pieces contained in the capsule.

My bestselling Book- **The No Black Project** (Available on Amazon in Kindle and Paperback) provides plenty of information on how to identify your best colours as well as details on how to declutter and build your capsule wardrobe. It is a very quick read and will enable you to take more control of your wardrobe and avoid wasting time and money on wrong purchases.

Until next time,

Your Personal Stylist,

Numba Pinkerton.

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*Style Me*  
**FLAWLESS**

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STYLE ME FLAWLESS

Address: 1 Crosshill Road, Strathaven. ML10 6DT

Contact Details: +447778740178 or E: [styleme flawless@live.com](mailto:styleme flawless@live.com)

Website: [www.styleme flawless.co.uk](http://www.styleme flawless.co.uk)